



# Spirit of Recovery 5K

## Dover, New Hampshire

USATF Certificate NH11001BK  
 Effective April 10, 2018 to December 31, 2021

Start/Finish marked with a P-K Nail and white paint. Mile 1 & 2 are marked with white paint. Mile 3 is marked with red paint.

**Start/Finish:** On north side of Liberty Way about 120 ft W of the West Entrance to 100 Liberty Way between two Street Light Poles on same side, 65 ft E of one, and 59 ft 3 inches W of the other.

**Mile 1:** On southeast side of Education Way in the driveway of 12 Education Way, 27 ft 8 inches NE of a Storm Drain on same side.

**Mile 2:** On east side of Education Way 65 ft 4 inches SE of Light Pole 8 and 50 ft 10 inches NW of Light Pole 9.

**Mile 3:** On north side of the Liberty Way about 160 ft W of the Main Entrance to 100 Liberty Way, and 15 ft 3 inches E of the 2<sup>nd</sup> Light Pole from the Main Entrance to 100 Liberty Way.

Measured May 14, 2011 by Dave Abbett  
 & April 2, 2018 by Bob Kennedy  
 Oyster River Running Company  
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 508-577-4105

**Restrictions:** Outgoing Runners must stay to the Right of the Liberty Way center island heading toward 6<sup>th</sup> St. They must stay Right of a Cone\* on 6<sup>th</sup> St that is 30 ft 6 inches S of the north side walk, 41 ft 8 inches S of Traffic Light Pole 5/52/5L2, and 19 ft 9 inches E of Utility Pole 50T on north side of 6<sup>th</sup> St.

On 6<sup>th</sup> St, Runners are restricted in both directions to the Right Side of the white shoulder line.

**Note:** Map not drawn to scale. Many streets and cross streets not on map.

